



# STRENGTHENING YOUTH THROUGH EXPLORING™

HEALTH CARE

# WHAT IS EXPLORING™

Exploring is all about helping young men and women in sixth grade through 20 years old to make a more informed decision about future careers and determine if a particular career is the right one for them. Typically, a young adult will either: 1) get involved, learn about a career, and decide to pursue it; OR 2) learn enough about the career to determine it's not the right fit for them. It's better to learn as a young adult that a career is not for you, than after spending lots of money on an education only to THEN discover you don't like the career!

Exploring leaders volunteer their time to provide real-world career experiences for young adults. Exploring is not about lectures and slide shows—it's about gaining practical experience in a career field. The result is a program of activities that helps youth pursue their special interests, grow, and develop.



## HEALTH CARE

Explorers get to experience firsthand what it's like to conduct surgery on a dog or cat; take vital signs; evaluate an X-ray; properly put on surgical masks, gloves, and gowns; practice the latest techniques in physical therapy; build a crown for a tooth; and much more.

### EXPLORERS WILL:

- Participate in hands-on projects
- Develop work experiences to begin building their résumé
- Learn important leadership skills
- Understand the importance of teamwork in a professional setting
- Network with professionals who work in these careers daily and who use the latest technology
- Learn about the educational requirements for a career in health care

## EVERYONE WINS WITH EXPLORING!

Exploring will be one of the best opportunities you offer your company, your employees, and the youth of your community.

### COMPANY BENEFITS

- Cultivate and recruit future employees
- Reduce employee turnover and training expenses
- Impact the education process of youth
- Demonstrate visible commitment to the welfare of the community

### EMPLOYEE BENEFITS

- Be an integral part of shaping a young man's or woman's future
- Increased opportunity for advancement within the company

### YOUTH BENEFITS

- Practical, real-world career experiences
- Develop character and leadership skills
- Make new friends
- Obtain experiences that can be listed on college, job, and scholarship applications

### SCHOOL BENEFITS

- Meet state or federal career education standards
- Partner with local businesses
- Extend the classroom beyond the school day
- Gain access to a free career interest survey

## TESTIMONIALS

I was a member of a medical Explorer post. As the vice president, I learned: planning, organization, friendliness, communications skills, preparedness, honesty, and how to have fun while building a team of individuals. The benefits are so tremendous that I really feel that it made me who I am!

—DONNA F.

Exploring is an opportunity for (youth) to ... get involved with their peers ... and people in their community who work with them.

—DR. FREDERICK C. EICHMILLER  
VICE PRESIDENT AND DENTAL DIRECTOR,  
DELTA DENTAL OF WISCONSIN

I am a parent of five children, three of which have now gone through or are currently in the Explorer program. Our oldest son did it at Eli Lilly and Co. Our youngest daughter is currently in the nursing program at Riverview Hospital. Everyone that we have met in the program has been so professional and has also given the kids wonderful contacts and references for their future.

—STACEY S.  
EXPLORER PARENT

## 5 AREAS OF EMPHASIS

CAREER OPPORTUNITIES

LEADERSHIP EXPERIENCE

LIFE SKILLS

CITIZENSHIP

CHARACTER EDUCATION

**OUR VISION** Shape the workforce of tomorrow by engaging and mentoring today's youth in career and life-enhancing opportunities.





## POPULAR HEALTH CARE CAREERS INCLUDE:

- Nurses
- Veterinarians
- Sports medicine
- Physicians
- Physical therapists
- Dental hygienists
- Pharmacists
- Psychologists/psychiatrists
- Home health care aides

**EXPLORING**<sup>™</sup>  
DISCOVER YOUR FUTURE