

RESOURCES

**Activity 1
Who Am I?**

Who Am I?

Instructions: Take a moment to think about your choices in life. What character traits do your daily actions show? Fill in the chart honestly. None of us always makes good choices. Usually we make both good and bad choices. But it's important that when we make bad choices, we learn from our mistakes and make wiser decisions in the future. It is what we learn from our mistakes that determines, ultimately, the kind of person we become.

CHARACTER TRAIT

MY ACTIONS

HONESTY

1.

2.

3.

Are there changes I need to make? Yes __ No __

COMPASSION

1.

2.

3.

Are there changes I need to make? Yes __ No __

LAW-ABIDING

1.

2.

3.

Are there changes I need to make? Yes __ No __

FAIR

1.

2.

3.

Are there changes I need to make? Yes __ No __

NON-PREJUDICED

1.

2.

3.

Are there changes I need to make? Yes __ No __

LOYAL

1. _____

2. _____

3. _____

Are there changes I need to make? Yes __ No __

ADD OTHER TRAITS ...

1. _____

2. _____

3. _____

Are there changes I need to make? Yes __ No __

1. _____

2. _____

3. _____

Are there changes I need to make? Yes __ No __