

NATIONAL SUPPORTER

EXPLORING™
DISCOVER YOUR FUTURE



The mission of the National Council for Certified Personal Trainers Certification Board ("NCCPT CB") is to determine entry-level competence of the Personal Trainer who will provide safe and effective personal training programs to the public. The NCCPT study materials are continuously updated based on a variety of

research, peer-reviewed journals, government guidelines, a host of healthcare consultants and health and fitness organizations. Although science is a major component and the foundation of personal training, we recognize fitness professionals will be dealing with people. People are not always the same, therefore to be successful, one must also learn the "art" of personal training.

A MESSAGE FROM JOHN PLATERO, NCCPT CEO

The National Council for Certified Personal Trainers is so excited to offer all of you Explorers a chance to enter the exciting field of health and fitness. Every day 10,000 "Baby Boomers" retire and they're going to need your help to stay in shape. One in three kids in the United States are overweight or obese. The prevalence of obesity in children more than tripled from 1971 to 2011. With good reason, childhood obesity is the Number 1 health concern among parents in the United States topping drug abuse and smoking. With your help we can make a difference. If you're interested in any field in health and wellness, whether it be medicine, rehabilitation, technician, researcher, scientist or counseling, explore the field of personal training. The NCCPT CPT credential is accepted in all the major gyms across America. When you obtain your Nationally accredited NCCPT Certified Personal Trainer credential, you'll be able to enter the fitness field and work as a Personal Trainer making a difference in people's lives. We welcome your participation and can't wait to see how you will make the world a better place!



40%

discount on
certification for
registered Explorers &
Exploring leaders

SUPPORTER

SUPPORT

NCCPT recognizes Exploring as mutually beneficial program to both its own members and also to the youth who are the future workforce of America.

PRODUCT

NCCPT will offer a 40% discount to enroll in any of their Certified Personal Trainer courses to registered Explorers and Exploring leaders. The discount can be accessed by emailing personaltrainer@nccpt.com.

est. 2016